

Transform your life

Start Right, Stay Right, Become Pre-Eminent

Personal Outcomes Workbook

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Transform your Life: Personal Outcomes Workbook

Session 4: Personal Outcomes

Transformation isn't complete until there's **evidence of change** — in your behavior, relationships, impact, and legacy. Personal Outcomes is about regularly reviewing your life, measuring your growth, and ensuring that what you're doing aligns with your God-given purpose.

1. What Are Personal Outcomes?

Reflection Questions:

1. What are the visible results of your life right now?
2. Do your results align with what you believe you were called to do?

Write:

What do you want to be known for at the end of this year? At the end of your life?

2. The Power of Periodic Review

"Examine yourselves to see whether you are in the faith; test yourselves." – 2 Corinthians 13:5

Reflection Questions:

- How often do you review your progress and purpose?
- What tends to distract or derail your alignment?

Activity:

☒ Mark the review rhythms you currently practice:

- ☐ Daily quiet time
- ☐ Weekly journaling
- ☐ Monthly goal review
- ☐ Yearly planning
- ☐ None of the above

Action Step:

Commit to one review rhythm you will start this week.

3. The Purpose-Driven Review

Area	Current Result	Desired Outcome
Personal Purpose		
Personal Leadership		
Personal Relationship		
Personal Systems		

Finishing Well

“I have fought the good fight, I have finished the race, I have kept the faith.” – 2 Timothy 4:7

Reflection Questions:

1. What does "finishing well" mean to you personally?
2. Who in your life models a life that is bearing lasting fruit? Why?

Legacy Question	Your Answer
What do I want to be remembered for?	
Who am I intentionally pouring into?	
What habits do I want to pass on?	
What am I building that will outlive me?	
What spiritual fruit is visible in my life?	

Exercise:

Write a "Finish Well Vision Statement" for your life (3–5 sentences).

💡 Imagine what you want said about you at the end of your journey.

"Your results reflect your systems. Your systems reflect your mindset. Your mindset reflects your encounters."

Legacy is not what you leave behind — it's what you live out now.

Commitment Declaration:

"I choose to live a life of fruitfulness, reflection, and faithfulness. I will review, realign, and remain committed to my God-given purpose, knowing that my impact begins with my intention."

Date for Review: _____