

# **Transform your life**

**Start Right, Stay Right, Become Pre-Eminent**

## **Personal Purpose Workbook**

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# Transform your Life: Personal Purpose Workbook

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## Section 1: Personal Purpose

**Objective:** To guide you through the practical steps of uncovering your life's purpose and setting a clear direction for your personal transformation journey.

### Reflective Questions

- 1. What activities or tasks do I find fulfilling and why?
- 2. When do I feel most energized and why?
- 3. What consistent compliments or feedback have I received from others since childhood?

### Skills and Activities Assessment

Skill/Activity	Rating (1-10)	Why

# SWOT Analysis

## Strengths

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Weaknesses

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Opportunities

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Threats

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## My Personal Purpose Statement

My purpose is to \_\_\_\_\_  
\_\_\_\_\_.

## My Vision Statement

My vision is to \_\_\_\_\_  
\_\_\_\_\_.

## My Mission Statement

My mission is to \_\_\_\_\_  
\_\_\_\_\_.

## Action Steps

Identify three actionable steps you will take within the next month to explore or confirm your purpose:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## Spiritual Development Schedule

Day	Time	Activity
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

## Follow-Up Activity

Join the scheduled review session to revisit this workbook and reflect on your progress.

Date for Review: \_\_\_\_\_